

Spirits

Unruly Vodka	8/13
Unruly Gin	8/13
Sheringham Seaside Gin	9/14
Sheringham Kazuki Gin	9/14
Buffalo Trace Bourbon	8/13
Makers mark Bourbon	7/10
Basil Haydens Bourbon	8/13
Lot 40 Rye	6/10
Four Roses Bourbon	7/10
Glenmorangie 10 Year	10/15
Laphroaig 10 Year	11/16
Havana Club Rum 7 Year	6/10
El Dorado 12 Year	6/10
Goslings Black Seal Rum	7/10
Vecchia Brandy	8/13
Aalborg Taffel Aquavit	10/15
Espolon Blanco Tequila	9/14
Espolon Reposado	10/15
Cazadores Blanco	6/10
Alipús Santa Ana del Rio Mezcal	13/18
De Vine Ancient Grains	12/17
St. Remy V.S.O.P.	5/9



Digestif + Liqueur

Campari	7/10
Cynar	7/10
Fernet Branca	8/13
Branca Menta	8/13
Amaro Averna	8/13
Amaro Lucano	6/10
Unsworth Port	9

House Vermouth

Rotating - Ask your Server

*Summer
Drink*

Elixirs

Kombucha Cure 8

kombucha | turmeric | ginger
lemon juice | honey | sparkling water

Bon-Boocha 8

kombucha | lemon | ginger | blackberry
maple syrup | sparkling water

Wellness Shot - 8 oz 7

lemon | ginger | turmeric root | honey
camu camu | cayenne | black pepper

Shikanji 7.5

lemon | camu camu | shilajit | honey
himalayan salt | sparkling water

Cola 6.5

cola nut | american ginseng | damiana
cinnamon | nutmeg | lavender | lemon
lime | orange | turbinado sugar

Root Beer 6.5

sarsaparilla | cinnamon | star anise
cloves | coriander | turbinado sugar

Iced Cafe Latté 7.5

2% jazz espresso | house hemp oat-milk

Iced Matcha Latté 8

jaga silk matcha | house hemp-oat milk

Iced Wellness Toddy 8

lemon | ginger | turmeric root
honey | echinacea | sparkling water

Magdalene 9

2% jazz espresso | maca
shilajit | house hemp-oat milk
maple syrup | cacao

White

Quartz & Yarrow | Chardonnay 13/ **Similkameen Valley** 55

golden delicious apple | lemon zest
hint of chamomile | sustainable

Roche | Shönburger 12/ **Okanagan** 50

honeydew | mixed stone fruits
tangerine | light floral and mineral notes

Bartier Bros | Semillon 13/ **Okanagan** 55

honeydew melon | mixed stone fruits
bright minerality | light & clean

Averill Creek | Joue White Blend 55 **Vancouver Island**

fresh citrus | aromatic white flowers
hint of mineral & saline

Kitsch | 11 Barrel Chardonnay 55 **Okanagan**

marzipan | bubbling butter
light vanilla | slightly savoury

Skins & Sparks

Thorn & Burrow | Orange 12/ **Okanagan** 45

candied citrus | spiced pineapple
spring flowers | fuzzy peaches

Averill Creek | Charme De L'Île 12/ **Vancouver Island** 50

apple | pear | honey
floral | herbal finish

Nichol | Pinot Gris 40 **Okanagan**

salmon berry | citrus pith
grapefruit | ginger

Bella PB & C | Sparkling 55 **Naramata**

buttered toast | granny smith apples
dewy lilacs | nutty citrus

Natural Wine

Red

Beaufort | Ça Beautage 13/
Vancouver Island 55
black fruits | smoky plums
light vanilla | soft tannins

Desert Hills | Gamay Noir 12/
Oliver 50
plum trees | mashed blackberry | maple water

Bartier Bros | Cabernet Franc 14/
Okanagan 60
blackberry | plum | cordite
soft tannins | flinty finish

La Stella | Fortissimo 60
Okanagan
stewed dark fruits | earthy oak & tobacco
juicy plum & blueberry | tuscan blend

Rosé

Averill Creek | Joue Rosé 13/
Vancouver Island 55
bold raspberry & cherry | dried-flower
bright citrus | dry & crisp

Bartier Bros | Rosé 40
Okanagan
grapefruit | cranberry & huckleberry
stone fruit | lemon peel

Cider

& Draught Beer

Rotating - Ask your Server

Fresh Juice

Green Gingerale 11.5
apple | celery | kale | ginger | citrus

En Root 12
apple | carrot | citrus | ginger
turmeric | lemon

Quench 12
cucumber | watermelon
apple | lemon | blackberry

Plantae Rubus 11.5
apple | spinach | celery
lemon | blackberry

Smoothies

Protein Threat 11
peanut butter | banana | date | maca
brown rice protein | cinnamon
almond milk

Cacao Cacao 10.5
cacao | banana | maca | lucuma
vanilla | date | almond milk

Trailblazer 11
strawberry | banana | fig
vanilla | almond milk

Golden Lassi 11.5
mango | banana | ginger | turmeric
coconut | cardamom | almond milk

Royal Majik 11
fig | blackberry | banana | maca
blue majik | lucuma | almond milk

Green Machine 11
apple | orange | banana | hemp hearts
lucuma | sprouted brown rice protein
maca | vitamineral green | almond milk

Kids Smoothie (12 and under) 6
any smoothie - 250mL

Hot Tonics

Medicinal Chai Tea	5.5
house blend of warming spices goji pau d'arco reishi & chaga mushroom astragalus	
Mama's Magic	5
ginger lemon honey cayenne	
Wellness Toddy	8
lemon turmeric ginger camu camu honey black pepper echinacea	
Matcha Tea	6.5
owl grade matcha from jaga silk	
Matcha Latté	8.5
jaga silk matcha hemp oat milk	
Turmeric Latté	8.5
fresh turmeric juice honey black pepper hemp oat milk	
Silk Road Organic Tea	4.5
West Coast Peppermint- Herbal Jasmine - Green Earl Grey - Black Chocolate Panda - Red Love Blend - Herbal/Green	

Coffee

roasted by 2% Jazz

Espresso	4
Americano	4
Dirty Chai	8
Latté	7.5
Cardamom Latté	8

Cocktails

Margie After Eight - 2oz	16
makers mark cacao lucuma syrup sherringham chocolate liqueur house mint bitters mint	
Heat Wave Float - 1.5oz	14
havana 7 rum vanilla-root beer syrup house oat-hemp milk	
Square Root of Pie - 2.5oz	17
calvados cynar china-china turmeric turbinado black pepper-orange bitters	
Witches Brew - 2oz	16
zubrówka witches tincture strega mia amata angostura turbinado	
Death Proof - 2.5oz	18
green chartreuse cazadores tequila pernod angostura bitters charcoal agave lime	
Dazzling Gleam - 2oz	17
sherringham seaside gin tofino limoncello d'arbol agave peychauds bitters prosecco lemon	
Torchwood & Toadstools - 2.5oz	17
havana smoky cuban havana 3 marrow amaro chai syrup angostura 5 mushroom blend	
Kombucha Whisky Sour - 2oz	14
canadian whisky house-made kombucha ginger-hibiscus turbinado lemon angostura bitters foamer	
Love Shaft - The Comeback - 2oz	9
canadian whisky goslings rum zubrówka hemp oat milk turbinado cold brew	