



*Winter*

*Drink*

# Elixirs

<b>Kombucha Cure</b>	8
kombucha   turmeric   ginger lemon   honey   sparkling	
<b>Bon-Boocha</b>	8
kombucha   lemon   ginger   blackberry maple   sparkling	
<b>Wellness Shot - 8 oz</b>	7
lemon   ginger   turmeric honey   black pepper   echinacea	
<b>Shikanji</b>	7.5
camu camu   shilajit   honey   himalayan salt lemon   sparkling	
<b>Cola</b>	6.5
house herbal blend	
<b>Root Beer</b>	6.5
house herbal blend	
<b>Iced Matcha Latté</b>	8
oat milk	
<b>Iced Wellness Toddy</b>	8
ginger   turmeric   lemon honey   echinacea   sparkling	

# Valley Cider

<b>Bon-Dri</b>	8.5
bone dry	
<b>Love Potion</b>	8.5
rose petal   lavender   damiana	
<b>Love Child</b>	8.5
re-fermented grape skins   juicy cider lees	
<b>Cidrus</b>	8.5
grapefruit   lemon   orange	

## Beer

## Draught

### Rotating

## Gluten Removed

<b>Category 12 Breakthru Pilsner</b>	9
<b>Category 12 Breakthru IPA</b>	9

# Red

<b>Joue   Red Field Blend</b>	<b>13/50</b>
pinot noir   gamay   marachel foch	
<b>Lock and Worth   Merlot</b>	<b>13/50</b>
<b>Desert Hills   Syrah</b>	<b>14/55</b>

# White

<b>Unsworth   Island Melody</b>	<b>13/50</b>
island blend	
<b>Pentâge   Pinot Gris</b>	<b>13/50</b>
<b>Emandare   Chardonnay</b>	<b>14/55</b>

# Bubbles

<b>Averill Creek   Charme De L'Île</b>	<b>12/50</b>
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# Fresh Juice

<b>Green Gingerale</b>	<b>12</b>
apple   celery   kale   ginger   lemon	
<b>En Root</b>	<b>12</b>
apple   carrot   orange   turmeric ginger   lemon	
<b>Earthblood Tonic</b>	<b>12</b>
carrot   beet   celery   kale   ginger	
<b>Sun Burst</b>	<b>12</b>
orange   grapefruit   blackberry lemon   vitamin d	

# Smoothies

<b>Protein Boost</b>	<b>12</b>
peanut butter   banana   date   maca rice protein   almond milk	
<b>Elite Green Protein</b>	<b>13</b>
elite green protein   spirulina   hemp hearts strawberry   banana   orange juice	
<b>Complete Green</b>	<b>12</b>
apple   orange   banana   hemp hearts lucuma   rice protein   maca vitamineral green   almond milk	
<b>Cacao Cacao</b>	<b>11</b>
cacao   banana   maca   hemp hearts date   almond milk	
<b>Third Eye</b>	<b>12</b>
espresso   cacao   shilajit   maca   fig banana   almond milk	
<b>Trailblazer</b>	<b>10</b>
strawberry   banana   fig   almond milk	
<b>Kids Smoothie (12 and under)</b>	<b>6</b>
any smoothie - 250mL	

# Hot Tonics

<b>Medicinal Chai Tea</b> warming spices	6
<b>Mama's Magic</b> ginger   lemon   honey   cayenne	7
<b>Wellness Toddy</b> lemon   turmeric   ginger   camu camu honey   black pepper   echinacea	8
<b>Matcha Tea</b>	6.5
<b>Matcha Latté</b> matcha   oat milk	8.5
<b>Turmeric Latté</b> fresh turmeric juice   honey   black pepper oat milk	8.5
<b>Silk Road Organic Tea</b>	5
West Coast Peppermint- Herbal Rooibos - Herbal Jasmine - Green Earl Grey - Black Jewel of India - Black Love Blend - Herbal/Green	

# Coffee

roasted by 2% Jazz

<b>Espresso</b>	4.5
<b>Americano</b>	4.5
<b>Dirty Chai</b>	8
<b>Latté</b>	7.5

# Cocktails

<b>Kombucha Whisky Sour - 2oz</b> kombucha   lemon   bitters	16
<b>Chaga Bourbon Sour - 2 oz</b> decocted chaga   lemon   herbal bitters chocolate bitters   maple	16
<b>Smoke Show - 2 oz</b> spiced tequila   mezcal   warming spices lime   bitters	18
<b>Something to Celebrate - 1.5 oz</b> empress gin   elderflower liqueur lemon   sparkling wine	15
<b>What's Your Faery Name? - 2 oz</b> gin   amaro chiaro   blackberry maple clove   lemon	17
<b>Magic Margarita - 1.5 oz</b> tequila   blue majik powder chartreuse   lime   agave nectar	16