

Spirits

Unruly Vodka	8/13
Unruly Gin	8/13
Sheringham Seaside Gin	9/14
Sheringham Kazuki Gin	9/14
Buffalo Trace Bourbon	8/13
Makers mark Bourbon	7/10
Basil Haydens Bourbon	8/13
Lot 40 Rye	6/10
Four Roses Bourbon	7/10
Glenmorangie 10 Year	10/15
Laphroaig 10 Year	11/16
Havana Club Rum 7 Year	6/10
El Dorado 12 Year	6/10
Goslings Black Seal Rum	7/10
Vecchia Brandy	8/13
Aalborg Taffel Aquavit	10/15
Espolon Blanco Tequila	9/14
Espolon Reposado	10/15
Cazadores Blanco	6/10
Alipús Santa Ana del Rio Mezcal	13/18
De Vine Ancient Grains	12/17
St. Remy V.S.O.P.	5/9



Digestif + Liqueur

Campari	7/10
Cynar	7/10
Fernet Branca	8/13
Branca Menta	8/13
Amaro Averna	8/13
Amaro Lucano	6/10
Unsworth Port	9

House Vermouth

Rotating - Ask your Server

*Summer
Drink*

Elixirs

Kombucha Cure 8
kombucha | turmeric | ginger
lemon juice | honey | sparkling water

Bon-Boocha 8
kombucha | lemon | ginger | blackberry
maple syrup | sparkling water

Wellness Shot - 8 oz 7
lemon | ginger | turmeric root | honey
camu camu | cayenne | black pepper

Shikanji 7.5
lemon | camu camu | shilajit | honey
himalayan salt | sparkling water

Cola 6.5
cola nut | american ginseng | damiana
cinnamon | nutmeg | lavender | lemon
lime | orange | turbinado sugar

Root Beer 6.5
sarsaparilla | cinnamon | star anise
cloves | coriander | turbinado sugar

Iced Cafe Latté 7.5
2% jazz espresso | house hemp oat-milk

Iced Matcha Latté 8
jaga silk matcha | house hemp-oat milk

Iced Wellness Toddy 8
lemon | ginger | turmeric root
honey | echinacea | sparkling water

Magdalene 9
2% jazz espresso | maca
shilajit | house hemp-oat milk
maple syrup | cacao

White

Quartz & Yarrow | Chardonnay 13/
Similkameen Valley 55
golden delicious apple | lemon zest
hint of chamomile | sustainable

Roche | Shönburger 12/
Okanagan 50
honeydew | mixed stone fruits
tangerine | light floral and mineral notes

Bartier Bros | Semillon 13/
Okanagan 55
honeydew melon | mixed stone fruits
bright minerality | light & clean

Averill Creek | Joue White Blend 55
Vancouver Island
fresh citrus | aromatic white flowers
hint of mineral & saline

Kitsch | 11 Barrel Chardonnay 55
Okanagan
marzipan | bubbling butter
light vanilla | slightly savoury

Skins & Sparks

Thorn & Burrow | Orange 12/
Okanagan 45
candied citrus | spiced pineapple
spring flowers | fuzzy peaches

Averill Creek | Charmé De L'Île 12/
Vancouver Island 50
apple | pear | honey
floral | herbal finish

Nichol | Pinot Gris 40
Okanagan
salmon berry | citrus pith
grapefruit | ginger

Bella PB & C | Sparkling 55
Naramata
buttered toast | granny smith apples
dewy lilacs | nutty citrus

Natural Wine

Red

Beaufort | Ça Beautage 13/
Vancouver Island 55
black fruits | smoky plums
light vanilla | soft tannins

Desert Hills | Gamay Noir 12/
Oliver 50
plum trees | mashed blackberry | maple water

Bartier Bros | Cabernet Franc 14/
Okanagan 60
blackberry | plum | cordite
soft tannins | flinty finish

La Stella | Fortissimo 60
Okanagan
stewed dark fruits | earthy oak & tobacco
juicy plum & blueberry | tuscan blend

Rosé

Averill Creek | Joue Rosé 13/
Vancouver Island 55
bold raspberry & cherry | dried-flower
bright citrus | dry & crisp

Bartier Bros | Rosé 40
Okanagan
grapefruit | cranberry & huckleberry
stone fruit | lemon peel

Cider



Draught Beer

Rotating - Ask your Server

Fresh Juice

Green Gingerale 11.5
apple | celery | kale | ginger | citrus

En Root 12
apple | carrot | citrus | ginger
turmeric | lemon

Summer Breeze 12
pineapple | grapefruit
apple | ginger | turmeric

Plantae Rubus 11.5
apple | spinach | celery
lemon | blackberry

Smoothies

Protein Threat 11
peanut butter | banana | date | maca
brown rice protein | cinnamon
almond milk

Cacao Cacao 10.5
banana | cacao | maca | lucuma
vanilla | date | almond milk

Trailblazer 11
strawberry | banana | fig
vanilla | almond milk

Greenña Colada 11.5
pineapple | orange | banana
date | coconut cream | kale
camu camu | lucuma
almond milk | spirulina

Royal Majik 11
banana | blackberry | maca | fig
blue majik | lucuma | almond milk

Green Machine 11
apple | orange | banana | hemp hearts
lucuma | sprouted brown rice protein
maca | vitamineral green | almond milk

Kids Smoothie (12 and under) 6
any smoothie - 250mL

Hot Tonics

Medicinal Chai Tea 5.5

house blend of warming spices | goji
pau d'arco | reishi & chaga mushroom
astragalus

Mama's Magic 5

ginger | lemon | honey | cayenne

Wellness Toddy 8

lemon | turmeric | ginger | camu camu
honey | black pepper | echinacea

Matcha Tea 6.5

owl grade matcha from jaga silk

Matcha Latté 8.5

jaga silk matcha | hemp oat milk

Turmeric Latté 8.5

fresh turmeric juice | honey | black pepper
hemp oat milk

Silk Road Organic Tea 4.5

West Coast Peppermint- Herbal
Jasmine - Green
Earl Grey - Black
Chocolate Panda - Red
Love Blend - Herbal/Green

Coffee

roasted by 2% Jazz

Espresso 4

Americano 4

Dirty Chai 8

Latté 7.5

Cardamom Latté 8

Cocktails

Margie After Eight- 20z 16

makers mark | cacao lucuma syrup
sherringham chocolate liqueur
house mint bitters | mint

Heat Wave Float- 1.50z 14

havana 7 rum | vanilla-root beer syrup
house oat-hemp milk |

Square Root of Pie - 2.50z 17

calvados | cynar | china-china
turmeric | turbinado
black pepper-orange bitters

Brutus - 20z 15

zubrówka | fermented shiitake
tamari | tomato juice

Death Proof- 2.50z 18

green chartreuse | cazadores tequila
pernod | angostura bitters
charcoal agave | lime

Aura Sphere - 1.50z 16

empress gin | tonic syrup
grapefruit | cranberry bitters
prosecco | lemon

Torchwood & Toadstools - 2.50z 17

havana smoky cuban | havana 3
marrow amaro | chai syrup
angostura | 5 mushroom blend

Kombucha Whisky Sour - 20z 14

canadian whisky | house-made kombucha
ginger-hibiscus turbinado | lemon
angostura bitters | foamer

Love Shaft - The Comeback - 20z 9

canadian whisky | goslings rum
zubrówka | hemp oat milk
turbinado | cold brew