

4.5

Steamed Quinoa Steamed Brown Rice Saffron Basmati Multi-Seed Crackers Steamed Greens Lentils

6

BBQ Tempeh Sauerkraut Kimchi Teff Flatbread

8

House Salad with Tahini Lemon Roasted Potatoes & Ketchup



Karma Bowl 17

choice of two: *steamed greens, lentils,* BBQ tempeh, sauerkraut, kimchi

choice of sauce: tahini lemon, miso ginger, or

flax oil and lemon

choice of grain: brown rice, quinoa or

saffron basmati

Sauces sm 3 + lg 5

all food items are gluten free, vegan and made from scratch with love

3

Autumn Menu

A 20% gratuity will be added to your bill if your party is 6 or more

Soup 🕲 Salads

soup and salads served with a multi-seed cracker

soup ana sawas servea wun a	muut-seea eraeker	
House Soup ever-changing	cup bowl	7 11
Farmer's Market young greens seasonal julienne sauerkraut radish sprouts choice of dressing: tahini lemon miso ginger, or lemon flax oil	hemp hearts	19
Warm Beet Salad beets quinoa chiffonade kale pickled onions candied pepitas maple mustard vinaigrette		20
Moroccan Roasties moroccan spiced roasted chickpe tahini lemon chiffonade kale c carrot & beet juliennes cilantro dukkah spouts herbs	lates red onions mint yogurt	21
Jenga puffed tofu fries miso ginger dip sesame seeds dulse		12
Warm Olives herbs citrus peel wine		П
Autumn Roll nori brown rice carrot & beet j spicy mayo ponzu roasted squ shittakes furikake		14
Mezze za'atar spiced flatbread marinate cashew cream cheese carameliz	•	21

rotating ferments | fall veggies

Sandwiches

served with soup, salad, or roasted potatoes

screen wan soup, sada, or rousica polaroes	
Deluxe Quesadilla corn tortilla cashew queso fresh greens candied jalapeños bean spread chipotle mayo roasted corn seasoned soy curls pickled onion	2
Classic Burger multi-grain bun sunflower mushroom patty tomato caramelized onions pickles queso red onion chipotle mayo house ketchup	2
Kimchi BBQ kimchi flatbread bbq tempeh greens kimchi spicy aioli sprouts cashew cream cheese candied jalapeños	20
Bowls	
Mac brown rice macaroni red onion braising greens coconut cashew cheese sauce seasonal vegetable broccoli walnut & herb parmesan	25
Green dark greens bok choy broccoli cabbage red onion coconut green thai curry brown rice seasonal vegetable cilantro scallions toasted cashews	22.
Chana Masala tomato & chickpea masala braised greens chutney raita preserved lemon cilantro shoots multi-seed cracker	2

23

Black Tantan

rice ramen | black seasame oat milk broth cabbage & bok choy | shittakes | furikake

crushed peanuts | rayu | scallion

sweet & spicy soy crumble