



*Autumn*

*Drink*

# Elixirs

<b>Kombucha Cure</b> kombucha   turmeric   ginger lemon   honey   sparkling	8
<b>Bon-Boocha</b> kombucha   lemon   ginger   blackberry maple   sparkling	8
<b>Wellness Shot - 8 oz</b> lemon   ginger   turmeric honey   black pepper   echinacea	7
<b>Cola</b> house herbal blend	6.5
<b>Root Beer</b> house herbal blend	6.5
<b>Iced Matcha Latté</b> oat milk	8
<b>Iced Wellness Toddy</b> ginger   turmeric   lemon honey   echinacea   sparkling	8

# Valley Cider

<b>Bon-Dri</b> bone dry	8.5
<b>Love Potion</b> rose petal   lavender   damiana	8.5
<b>Love Child</b> re-fermented grape skins   juicy cider lees	8.5
<b>Cidrus</b> grapefruit   lemon   orange	8.5

## Beer

## Draught

### Rotating

## Gluten Removed

<b>Category 12 Breakthru Pilsner</b>	9
<b>Category 12 Breakthru IPA</b>	9

# Red

<b>Joue   Red Field Blend</b> pinot noir   gamay   marachel foch	13/50
<b>Lunessence   Merlot</b>	14/55
<b>Desert Hills   Syrah</b>	14/55

# White

<b>Unsworth   Island Melody</b> island blend	13/50
<b>Plot   Haze</b> skin contact blend   unfiltered	14/55
<b>Sage Hills   Pinot Gris</b>	14/55

# Bubbles

<b>Averill Creek   Charme De L'Île</b>	12/50
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# Fresh Juice

<b>Green Gingerale</b> apple   celery   kale   ginger   lemon	12
<b>En Root</b> apple   carrot   orange   turmeric ginger   lemon	12
<b>Earthblood Tonic</b> carrot   beet   celery   kale   ginger	12
<b>Sun Burst</b> orange   grapefruit   blackberry lemon   vitamin d	12

# Smoothies

<b>Protein Boost</b> peanut butter   banana   date   maca rice protein   almond milk	12
<b>Elite Green Protein</b> elite green protein   spirulina   hemp hearts strawberry   banana   orange juice	13
<b>Complete Green</b> apple   orange   banana   hemp hearts lucuma   rice protein   maca vitamineral green   almond milk	12
<b>Cacao Cacao</b> cacao   banana   maca   hemp hearts date   almond milk	11
<b>Third Eye</b> espresso   cacao   shilajit   maca   fig banana   almond milk	12
<b>Trailblazer</b> strawberry   banana   fig   almond milk	10
<b>Kids Smoothie</b> (12 and under) any smoothie - 250mL	6

# Hot Tonics

<b>Medicinal Chai Tea</b> warming spices	6
<b>Mama's Magic</b> ginger   lemon   honey   cayenne	7
<b>Wellness Toddy</b> lemon   turmeric   ginger   camu camu honey   black pepper   echinacea	8
<b>Matcha Tea</b>	6.5
<b>Matcha Latté</b> matcha   oat milk	8.5
<b>Turmeric Latté</b> fresh turmeric juice   honey   black pepper oat milk	8.5
<b>Silk Road Organic Tea</b>	5
West Coast Peppermint- Herbal Rooibos - Herbal Jasmine - Green Earl Grey - Black Love Blend - Herbal/Green	

# Coffee

roasted by 2% Jazz

<b>Espresso</b>	4.5
<b>Americano</b>	4.5
<b>Dirty Chai</b>	8
<b>Latté</b>	7.5

# Cocktails

<b>Kombucha Whisky Sour</b> - 2oz kombucha   lemon   bitters	16
<b>Chaga Bourbon Sour</b> - 2 oz decocted chaga   lemon   herbal bitters chocolate bitters   maple	16
<b>Smoke Show</b> - 2 oz spiced tequila   mezcal   warming spices lime   bitters	18
<b>Something to Celebrate</b> - 1.5 oz empress gin   elderflower liqueur lemon   sparkling wine	15
<b>What's Your Faery Name?</b> - 2 oz gin   amaro chiaro   blackberry maple clove   lemon	17
<b>Magic Margarita</b> - 1.5 oz tequila   blue majik powder chartreuse   lime   agave nectar	16