

Dessert

Daily Cheesecake	12
Turtle Pie chocolate caramel	12
Mexican Spiced Cacao Cup ancho chile cinnamon	6
Pumpkin Square	5
Chocolate Love Plate fudge kiss kiss bomb	12
Medicinal Fudge 5 mushroom blend	4-5
Bliss Kiss raw chocolate truffle	2-5
PB Bomb chocolate peanut butter	4-5



*Autumn
Drink*

Elixirs

Kombucha Cure kombucha turmeric ginger lemon honey sparkling	8
Bon-Boocha kombucha lemon ginger blackberry maple sparkling	8
Wellness Shot - 8 oz lemon ginger turmeric honey camu camu cayenne black pepper	7
Shikanji lemon camu camu shilajit honey himalayan salt sparkling	7.5
Cola house herbal blend	6.5
Root Beer house herbal blend	6.5
Iced Latté 2% jazz espresso oat mik	7.5
Iced Matcha Latté oat milk	8
Iced Wellness Toddy lemon ginger turmeric honey echinacea sparkling	8

Valley Cider

Bon-Dri bone dry	7.5
Love Potion rose petal lavender damiana	7.5
Love Child re-fermented grape skin juicy cider lees	7.5
Cidrus grapefruit lemon orange	7.5

Draught Beer

3 rotating taps, ask your server

Red

Joue Red Field Blend pinot noir gamay marachel foch	12/45
Nichol Cab Franc	14/55
Beaufort Ça Beautage estate grown leon millot marachel foch	13/50

White

Rathjen Cellars Bunker White island blend	10/35
Quartz & Yarrow Chardonnay	12/45
Nichol Pinot Gris	12/45

Etc

Averill Creek Charme De L'Île bubbles	12/50
Keenan & Zoe Field Blend Rosé pinot noir chardonnay pinot gris	13/55
Thorne & Burrow Orange gewürztraminer	12/45

Fresh Juice

Green Gingerale apple celery kale ginger lemon	11.5
En Root apple carrot orange turmeric ginger lemon	12
Earthblood Tonic carrot beet celery kale ginger	12
Sun Burst orange blackberry lemon vitamin d	11.5

Smoothies

Protein Boost peanut butter banana date maca rice protein almond milk	11
Elite Green Protein elite green protein spirulina hemp hearts strawberry banana orange juice	13
Complete Green apple orange banana hemp hearts lucuma rice protein maca vitamineral green almond milk	12
Cacao Cacao cacao banana maca hemp hearts date almond milk	11
Third Eye espresso cacao shilajit maca fig banana almond milk	12
Trailblazer strawberry banana fig almond milk	10
Kids Smoothie (12 and under) any smoothie - 250mL	6

Hot Tonics

Medicinal Chai Tea warming spices	5.5
Mama's Magic ginger lemon honey cayenne	5
Wellness Toddy lemon turmeric ginger camu camu honey black pepper echinacea	8
Matcha Tea	6.5
Matcha Latté matcha oat milk	8.5
Turmeric Latté fresh turmeric juice honey black pepper oat milk	8.5
Silk Road Organic Tea West Coast Peppermint- Herbal Jasmine - Green Earl Grey - Black Chocolate Panda - Red Love Blend - Herbal/Green	4.5

Coffee

roasted by 2% Jazz

Espresso	4
Americano	4
Dirty Chai	8
Latté	7.5

Cocktails

Kombucha Whisky Sour - 2oz kombucha lemon bitters	15
Chaga Bourbon Sour - 2 oz decocted chaga lemon herbal bitters chocolate bitters maple	15
Smoke Show - 2 oz spiced tequila mezcal warming spices agave lime bitters	17
Something to Celebrate - 1.5 oz empress gin elderflower liqueur lemon sparkling wine	14
BB Punch - 2 oz dark rum blackberry lime ginger hibiscus psychaud's bitters	16
What's Your Faery Name? - 2 oz gin amaro chiaro blackberry maple clove lemon juniper	16
Magic Margarita - 1.5 oz tequila blue majik extract chartreuse lime agave nectar	16