

Sides

4.5

Steamed Quinoa
Steamed Brown Rice
Basmati Rice
Steamed Greens
Lentils

6

BBQ Tempeh
Sauerkraut
Multi-Seed Crackers

8

House Salad with Tahini Lemon
Roasted Potato Wedges & Ketchup
Teff Flatbread



Something Simple

Karma Bowl

17.5

choice of two: *steamed greens, lentils,*
BBQ tempeh, sauerkraut

choice of sauce: *tahini lemon, miso ginger,*
olive oil & lemon, maple mustard vinaigrette

choice of grain: *brown rice, quinoa, basmati*

Sauces

sm 3 | lg 5

**all food items are gluten free, vegan
and made from scratch with love**

*A 20% gratuity will be added to your bill
if your party is 6 or more humans*

Autumn

Menu

Soup & Salads

soup and salads served with a multi-seed cracker

House Soup cup 7.5
ever-changing bowl 12

Farmer's Market 20
young greens | seasonal juliennes | fennel root
sauerkraut | radish | cherry tomato | sprouts
hemp hearts
*choice of dressing: miso ginger, lemon & olive oil,
maple-mustard vinaigrette, tahini lemon*

Warm Beet Salad 22
beets | quinoa | kale | cashew cheese
pickled onions | candied pepitas | hemp hearts
maple mustard vinaigrette

Starters & Shares

Warm Olives 11.5
herbs | citrus peel | wine

Jenga 12.5
puffed tofu fries | miso ginger dip | sesame seeds
dulce | spicy mayo | scallions

Autumn Roll 14
nori | brown rice | carrot & beet juliennes
spicy mayo | ponzu | roasted squash | shoots
furikake

Mezze 22
za'atar spiced flatbread | marinated olives | chutney
cashew cream cheese | caramelized onions
rotating ferments | fresh veggies

Handhelds

Satay Sandwich 22
multi-grain bun | bbq tempeh | peanut sauce
pickled onion & jalapeno | carrot & beet juliennes
greens | cilantro
served with soup, salad, or wedges

Big Dipper 22
multi-grain bun | melty cashew cheese
shaved sunflower-mushroom roast | | sauerkraut
caramelized onions | au jus
served with soup, salad, or wedges

Tostadas 17.5
seasoned soy curls | melted cashew cheese
cilantro | candied jalapenos | pickled onion
mint-cilantro crema | MAiZ Nixtamal corn tortilla

Bowls

Mac 23
brown rice macaroni | red onion | braising greens
coconut cashew cheese sauce | seasonal vegetable
broccoli | walnut & herb parmesan

Green 23
dark greens | bok choy | broccoli | cabbage
red onion | coconut green thai curry | brown rice
seasonal vegetable | cilantro | scallions
toasted cashews

Masoor Daal 22
red lentil curry | chutney | basmati | raita
cilantro | preserved lemon | jeera papadum

Tantan 23
rice ramen | sesame oat milk broth
cabbage & bok choy | shittakes | furikake
crushed peanuts | rayu | scallion
sweet & spicy soy crumble